













Vegetarian Main Course






	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)
FFL Original Cheese and Baked Bean Puff * 					>																		>	>	>	>	
FFL Original Plant Burger in a Bun * 						>																	>	>	>	>	
FFL Original DK Sausage Toad in the Hole * 					>					>													>	>	>	>	
FFL Original Chickpea and Vegetable Biryani* 																											
FFL Original Cheese and Tomato Pizza* 					>																		>	>	>	>	
FFL Original Quorn Sausages in a Bun - TEMP * 						>																	>	>	>	>	
FFL Original Quorn Sausage Toad in the Hole - TEMP * 					>						>												>	>	>	>	

- Sulphites
- Mustard
- Lupin
- Celery and Celeriac
- Milk
- Sesame Seeds
- Soya and Soya Products
- Molluscs
- Crustaceans
- Fish
- Eggs
- Hazelnuts
- Tree Nuts
- Almonds
- Brazil Nuts
- Cashew Nuts
- Macadamia Nuts
- Pecan Nuts
- Pistachio Nuts
- Walnuts
- Other Nuts
- Peanuts
- Gluten (Oats)
- Cereals Containing Gluten
- Gluten (Rye)
- Gluten (Wheat)
- Gluten (Barley)

- FFL Original Carrots * 
- FFL Original Broccoli* 
- FFL Original Green Beans * 
- FFL Original Garden Peas * 
- FFL Original Baked Beans* 
- FFL Original Coleslaw * 
- FFL Original Sweetcorn * 



Jacket/Pasta

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)	
FFL Original Jacket Potato with Cheese * 					>																							
FFL Original Jacket Potato with Baked Beans * 																												
FFL Original Pasta with Tomato and Basil Sauce * 																							>	>	>			
FFL Original Pesto Pasta * 																							>	>	>			
FFL Original Jacket Potato with Tuna Mayonnaise *										>	>																	
FFL Original Vegetable and Basil Pasta * 																							>	>	>			

Sulphites
Mustard

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Soya and Soya Products

Molluscs

Crustaceans

Fish

Eggs

Hazelnuts

Tree Nuts

Almonds

Brazil Nuts

Cashew Nuts

Macadamia Nuts

Pecan Nuts

Pistachio Nuts

Walnuts

Other Nuts

Peanuts

Gluten (Oats)

Cereals Containing Gluten

Gluten (Rye)

Gluten (Wheat)

Gluten (Barley)



FFL Original Bread * 