

## THE BEECHES PRIMARY SCHOOL PE MEDIUM TERM PLANS

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
RECEPTION	Games Balance Bikes	Games Balance Bikes	Gymnastics	Dance/ movement	Athletics	Striking and fielding
YEAR 1	Games	Games	Gymnastics/ Dance and Gymnastics	Games	Athletics	Striking and fielding/ Dance and Gymnastics
YEAR 2	Games	Games  Dance, Movement and Gymnastics	Gymnastics	Games	Athletics/ Dance and Gymnastics	Striking and fielding
YEAR 3	Basketball  Dance, Movement and Gymnastics	Hockey  Fitness Circuits	Gymnastics	Net, Court and Wall Games/ Dance and Gymnastics	Athletics/ swimming	Striking and fielding/ swimming
YEAR 4	Football  Swimming/ Fitness Circuits	Rugby  Swimming/ Fitness Circuits	Gymnastics/ Dance and Gymnastics	Net, Court and Wall Games	Athletics	Striking and fielding/ Dance and Gymnastics
YEAR 5	Hockey  Fitness Circuits	Basketball	Gymnastics/ swimming	Net, Court and Wall Games/ swimming	Athletics/ Dance and Gymnastics	Striking and fielding

		Dance/Movement and Gymnastics				
YEAR 6	Rugby  Dance/Movement and Gymnastics	Football  Fitness Circuits	Gymnastics	Net, Court and Wall Games/ Dance and Gymnastics	Athletics	Striking and fielding

## Autumn 1 The Beeches Primary PE Plans

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Reception	<p>Games Balance bikes (premier)</p> <p>TOPIC Exploring different ways to travel.</p>	<p>Games Balance bikes (premier)</p> <p>Topic Explore different speeds of travelling</p>	<p>Games Balance bikes (premier)</p> <p>Topic Travelling in and out of spaces.</p>	<p>Games Balance bikes (premier)</p> <p>Topic Moving with equipment (bean bag) experiment different ways to move the bean bag around whilst moving.</p>	<p>Games Balance bikes (premier)</p> <p>Topic Exploring different ways of sending (passing equipment to a partner)</p>	<p>Games Balance bikes (premier)</p> <p>Topic Exploring different ways of receiving (stopping) explore different ways to stop a ball.</p>	<p>Games Balance bikes (premier)</p> <p>Topic Sending and receiving games/revisit learning</p>
Year 1	<p>Games Travel in and out of space</p> <p>Lesson 2: game linked the weeks lesson</p>	<p>Games Catching with control</p> <p>Lesson 2: game linked the weeks lesson</p>	<p>Games Rolling with control</p> <p>Lesson 2: game linked the weeks lesson</p>	<p>Games To tag using speed and agility</p> <p>Lesson 2: game linked the weeks lesson</p>	<p>Games To travel with control</p> <p>Lesson 2: game linked the weeks lesson</p>	<p>Games To pass with accuracy</p> <p>Lesson 2: game linked the weeks lesson</p>	<p>Games Stopping/recei ving with control</p> <p>Lesson 2: game linked the weeks lesson</p>
Year 2	<p>Games Travel in and out of space</p>	<p>Games Catching with control</p>	<p>Games Rolling with control</p>	<p>Games To tag using speed and agility</p>	<p>Games To travel with control</p>	<p>Games To pass with accuracy</p>	<p>Games Stopping/recei ving with control</p>

	Lesson 2: game linked the weeks lesson	Lesson 2: game linked the weeks lesson	Lesson 2: game linked the weeks lesson	Lesson 2: game linked the weeks lesson	Lesson 2: game linked the weeks lesson	Lesson 2: game linked the weeks lesson	Lesson 2: game linked the weeks lesson
Year 3	Dance/gymnastics CPD (Premier)  Basketball Dribbling with control	Dance/gymnastics CPD (Premier)  Basketball Sending with control and accuracy	Dance/gymnastics CPD (Premier)  Basketball Receiving with control	Dance/gymnastics CPD (Premier)  Basketball Intercepting/retrieving	Dance/gymnastics CPD premier  Basketball Shooting to a target	Dance/gymnastics CPD premier  Basketball Attack v defence	Dance/gymnastics CPD premier  Basketball Game
Year 4	Swimming/Fitness Circuits  Football Rules Sending (passing a ball with control)	Swimming/Fitness Circuits  Football Receiving (stopping the ball with control and balance)	Swimming/Fitness Circuits  Football Receiving (exploring stopping the ball with other parts of the body)	Swimming/Fitness Circuits  Football Retrieving (making a tackle, discuss rules)	Swimming/Fitness Circuits  Football Dribbling, how to move in tight spaces.	Swimming/Fitness Circuits  Football Attacking and defending in groups	Swimming/Fitness Circuits  Football Game 7v7
Year 5	Fitness Circuits  Hockey Rules Sending (Passing) the ball	Fitness Circuits  Hockey Moving with the ball (control)	Fitness Circuits  Hockey Receiving the ball (stopping)	Fitness Circuits  Hockey Shooting at a target	Fitness Circuits  Hockey Retrieving with speed and control (defending in a group)	Fitness Circuits  Hockey Game	Fitness Circuits  Hockey Game

Year 6	Dance/gymnastics CPD premier	Dance/gymnastics CPD premier	Dance/gymnastics CPD premier	Dance/gymnastics CPD premier	Dance/gymnastics CPD premier	Dance/gymnastics CPD premier	Dance/gymnastics CPD premier
	Rugby To avoid using speed and control	Rugby Invading space using speed and coordination	Rugby Passing-sending and receiving	Rugby Attacking a space (scoring a try)	Rugby Defending an area	Rugby Small sided games	Rugby Revisit skills and small sided games.

Autumn 2 The Beeches Primary PE Plans							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Reception	Games Balance bikes (premier)	Games Balance bikes (premier)	Games Balance bikes (premier)	Games Balance bikes (premier)	Games Balance bikes (premier)	Games Balance bikes (premier)	Games Balance bikes (premier)
	TOPIC	Topic	Topic	Topic	Topic	Topic	Topic



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