

| Week Two                           |  |  |  | Thursday 2 <sup>nd</sup> Sept           | Friday 3 <sup>rd</sup> Sept        |
|------------------------------------|--|--|--|---|------------------------------------|
| <b>Main Meal</b>                   |  |  |  | Jacket Potato with a choice of fillings | Cod or Salmon Fish Fingers & Chips |
| <b>Veggie Option</b>               |  |  |  | Jacket Potato with a choice of fillings | Vegetable Fingers & Chips          |
| <b>Jacket Potato or Pasta Dish</b> |  |  |  | Available everyday                      | Available everyday                 |
| <b>Side Dish</b>                   |  |  |  | Seasonal Vegetables                     | Seasonal Vegetables                |
| <b>Dessert</b>                     |  |  |  | Jam Tart                                | Fruity Friday                      |

| Week Three                         | Monday 6 <sup>th</sup> Sept                | Tuesday 7 <sup>th</sup> Sept                        | Wednesday 8 <sup>th</sup> Sept          | Thursday 9 <sup>th</sup> Sept  | Friday 10 <sup>th</sup> Sept |
|------------------------------------|--|---|---|--------------------------------|------------------------------|
| <b>Main Meal</b>                   | Veggie Meatballs in Tomato Sauce with Rice | Chicken Wrap with Diced Potatoes                    | Jacket Potato with a choice of fillings | Spaghetti Bolognese            | Fish Fingers & Chips         |
| <b>Veggie Option</b>               | Veggie Meatballs in Tomato Sauce with Rice | BBQ Vegetable & Mixed Bean Wrap with Diced Potatoes | Jacket Potato with a choice of fillings | Vegetarian Spaghetti Bolognese | Vegetable Nuggets & Chips    |
| <b>Jacket Potato or Pasta Dish</b> | Available everyday                         | Available everyday                                  | Available everyday                      | Available everyday             | Available everyday           |
| <b>Side Dish</b>                   | Seasonal Vegetables & Salad                | Seasonal Vegetables & Salad                         | Seasonal Vegetables & Salad             | Seasonal Vegetables & Salad    | Seasonal Vegetables & Salad  |
| <b>Dessert</b>                     | Banana Muffin                              | Chocolate Cookie                                    | Iced Lemon Sponge                       | Sultana Oaty Cookie            | Fruity Friday                |

| Week one                           | Monday 13 <sup>th</sup> Sept | Tuesday 14 <sup>th</sup> Sept | Wednesday 15 <sup>th</sup> Sept         | Thursday 16 <sup>th</sup> Sept | Friday 17 <sup>th</sup> Sept |
|------------------------------------|------------------------------|-------------------------------|---|--------------------------------|------------------------------|
| <b>Main Meal</b>                   | Veggie Sausage, Mash & Gravy | Chicken & Tomato Pasta        | Jacket Potato with a choice of fillings | Beef Lasagne                   | Fishcake & Chips             |
| <b>Veggie Option</b>               | Veggie Sausage, Mash & Gravy | Macaroni Cheese               | Jacket Potato with a choice of fillings | Veggie Lasagne                 | Veggie Fingers & Chips       |
| <b>Jacket Potato or Pasta Dish</b> | Available everyday           | Available everyday            | Available everyday                      | Available everyday             | Available everyday           |
| <b>Side Dish</b>                   | Seasonal Vegetables          | Seasonal Vegetables           | Seasonal Vegetables                     | Seasonal Vegetables            | Seasonal Vegetables          |
| <b>Dessert</b>                     | Flapjack                     | Banana Tray Bake              | Shortbread                              | Chocolate Brownie              | Fruity Friday                |

| Week Two                           | Monday 20 <sup>th</sup> Sept      | Tuesday 21 <sup>st</sup> Sept | Wednesday 22 <sup>nd</sup> Sept | Thursday 23 <sup>rd</sup> Sept          | Friday 24 <sup>th</sup> Sept       |
|------------------------------------|-----------------------------------|-------------------------------|---------------------------------|---|------------------------------------|
| <b>Main Meal</b>                   | Cheese & Tomato Pizza with Wedges | Mild Chicken Curry & Rice     | Veggie Hotdog with Wedges       | Jacket Potato with a choice of fillings | Cod or Salmon Fish Fingers & Chips |
| <b>Veggie Option</b>               | Cheese & Tomato Pizza with Wedges | Veggie Curry & Rice           | Veggie Hotdog with Wedges       | Jacket Potato with a choice of fillings | Vegetable Fingers & Chips          |
| <b>Jacket Potato or Pasta Dish</b> | Available everyday                | Available everyday            | Available everyday              | Available everyday                      | Available everyday                 |
| <b>Side Dish</b>                   | Seasonal Vegetables               | Seasonal Vegetables           | Seasonal Vegetables             | Seasonal Vegetables                     | Seasonal Vegetables                |
| <b>Dessert</b>                     | Chocolate Muffin                  | Cinnamon Oaty Cookie          | Shortbread                      | Jam Tart                                | Fruity Friday                      |

| Week Three                         | Monday 27 <sup>th</sup> Sept               | Tuesday 28 <sup>th</sup> Sept                       | Wednesday 29 <sup>th</sup> Sept         | Thursday 30 <sup>th</sup> Sept | Friday 1 Oct                |
|------------------------------------|--|---|---|--------------------------------|-----------------------------|
| <b>Main Meal</b>                   | Veggie Meatballs in Tomato Sauce with Rice | Chicken Wrap with Diced Potatoes                    | Jacket Potato with a choice of fillings | Spaghetti Bolognese            | Fish Fingers & Chips        |
| <b>Veggie Option</b>               | Veggie Meatballs in Tomato Sauce with Rice | BBQ Vegetable & Mixed Bean Wrap with Diced Potatoes | Jacket Potato with a choice of fillings | Vegetarian Spaghetti Bolognese | Vegetable Nuggets & Chips   |
| <b>Jacket Potato or Pasta Dish</b> | Available everyday                         | Available everyday                                  | Available everyday                      | Available everyday             | Available everyday          |
| <b>Side Dish</b>                   | Seasonal Vegetables & Salad                | Seasonal Vegetables & Salad                         | Seasonal Vegetables & Salad             | Seasonal Vegetables & Salad    | Seasonal Vegetables & Salad |
| <b>Dessert</b>                     | Banana Muffin                              | Chocolate Cookie                                    | Iced Lemon Sponge                       | Sultana Oaty Cookie            | Fruity Friday               |