



# The Beeches Primary School

Beech Avenue  
Peterborough  
PE1 2EH

Tel: (01733) 209877  
www.beeches.peterborough.sch.uk  
office@beeches.peterborough.sch.uk



## **FREE "LET'S GET HEALTHY" CLUB - Year 3,4,5 & 6** **STARTING TUESDAY 15<sup>th</sup> January 2019**

Dear Parent/Carer

We are writing to offer your child a place at "Let's Get Healthy" after-school club which will take place on Tuesday 15<sup>th</sup> January 2019. It's for children and parents who want to try new things and learn about a healthy lifestyle. There are workshops learning about sugary drinks and snacks, making smoothies and taste testing. Also a range of activities such as parachute games and circuits.

The club is **free of charge** and funded by Peterborough City Council. It is run by 2 qualified members of the team and will take place on a Tuesday after-school for 8 weeks from 3.15pm-4.15pm. The instructors will provide their own equipment and resources and will ask parents to take the opportunity of joining in for the last 15 minutes at 4pm of each session to transfer the learning and fun aspect into their home environment. At the end of the club, all parents will need to escort their children home.

If you would like a place in this club then please complete the form below and the attached registration form and send into the school office.

Yours sincerely

Mr T P Smith  
Headteacher

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### **"Lets Get Healthy" Club - Yr 3,4,5 & 6 starting Tuesday 15<sup>th</sup> January 2019 for 8 weeks**

Name of child.....Class.....

I give my permission for my child to attend this club and I/we will be willing to join the sessions for 15 minutes at 4pm.

Signed Parent/Carer.....

Emergency Tel No.....

Medical/Allergies.....





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