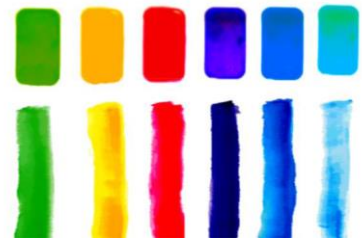
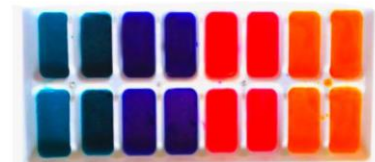


Ice painting

An art activity using ice and paint

Equipment needed;

- Washable paint
- An ice-cube tray
- Water
- Paper or card (or waste wallpaper)



What to do;

1. Begin by filling an ice cube tray roughly 1/3 of the way with paint, rotating colours as desired
2. Fill the ice slots the rest of the way with warm water and stir gently until combined
3. Pop the ice trays in the freezer for 4-6 hours or overnight
4. Once the paint cubes are frozen they will easily pop out of the ice trays.

Play ideas

- Encourage your child to explore the ice using touch and sight. Let your child feel the ice cube and how it melts in their hand, it will become tacky from the paint.
- Start painting using hands and feet.
- Change the play space. This activity can be done at a table, on the floor (surfaces may become slippery), outside or in a bathroom.
- Encourage your child to explore the texture of the paint, try adding glitter, sand, soil, flour, rice, vegetable peelings. What texture does your child prefer?
- The aim of the session is to explore the ice paint and other materials rather than to create a lovely piece of artwork (although you may end up with a lovely piece of art!).